

## NATALIA GYMNASTICS CLUB

DAY		SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
TIME	08:00 am - 08:30 am		Stretching & Toning Class Adults (18+)	Zumba Class Adults (18+)	Stretching & Toning Class Adults (18+)	Stretching & Toning Class Adults (18+)	Zumba Class Adults (18+)	E V E N T S	
	08:30 am - 09:00 am		Groups Ms. Lilia	Groups Mr. Hassan Iyazov	Groups Ms. Lilia	Groups Ms. Lilia	Groups Mr. Hassan Iyazov		
	09:00 am - 09:30 am	Latino Class (Salsa) Adults (18+)	Latino Class (Bachata) Adults (18+)	Gymnastics Class (Stretching) Adults (18+)	Latino Class (Salsa) Adults (18+)	Latino Class (Bachata) Adults (18+)	Gymnastics Class (Stretching) Adults (18+)		
	09:30 am - 10:00 am	Groups Ms. Oksana	Groups Ms. Oksana	Groups Ms. Lilia	Groups Ms. Oksana	Groups Ms. Oksana	Groups Ms. Lilia		
	10:00 am - 10:30 am								
	10:30 am - 11:00 am								
	11:00 am - 11:30 am								
	11:30 am - 12:00 pm	Stretching & Toning Class Adults (18+)	Stretching & Toning Class Adults (18+)	Stretching & Toning Class Adults (18+)	Stretching & Toning Class Adults (18+)	Stretching & Toning Class Adults (18+)	Stretching & Toning Class Adults (18+)		
	12:00 pm - 12:30 pm	Private Class (2 Prs Max) Ms. Natalia Bugai	Private Class (2 Prs Max) Ms. Natalia Bugai	Private Class (2 Prs Max) Ms. Natalia Bugai	Private Class (2 Prs Max) Ms. Natalia Bugai	Private Class (2 Prs Max) Ms. Natalia Bugai	Private Class (2 Prs Max) Ms. Natalia Bugai		
	12:30 pm - 01:00 pm								
	01:00 pm - 01:30 pm								
	01:30 pm - 02:00 pm	Gymnastics Class Boys Only (3-5 yrs)							
	02:00 pm - 02:30 pm	Groups Ms. Marina							
	02:30 pm - 03:00 pm	Gymnastics Class Boys Only (5+)							
	03:00 pm - 03:30 pm	Groups Ms. Marina							
	03:30 pm - 04:00 pm	Modern Dance Class Boys & Girls (5+)							
	04:00 pm - 04:30 pm	Groups Ms. Marina		Rhythmic Gymnastics Class Kids (3-5 yrs)	Gymnastics Class Boys Only (3-5 yrs)	Gymnastics Class Boys Only (3-5 yrs)	Rhythmic Gymnastics Class Kids (3-5 yrs)		
	04:30 pm - 05:00 pm			Groups Ms. Maria/ Lilia	Groups Ms. Marina	Groups Ms. Marina	Groups Ms. Maria/ Lilia		
	05:00 pm - 05:30 pm	Latino Dance Class Kids (5+)	Latino Dance Class Kids (5+)	Rhythmic Gymnastics Class Kids (5+) Groups Ms. Lilia/ Maria	Gymnastics Class Boys Only (5+)	Gymnastics Class Boys Only (5+)	Rhythmic Gymnastics Class Kids (5+) Groups Ms. Lilia/ Maria		Latino Dance Class (ChaCha) Adults (18+) Groups Ms. Oksana
	05:30 pm - 06:00 pm	Groups Ms. Oksana	Groups Ms. Oksana		Groups Ms. Marina	Groups Ms. Marina			
06:00 pm - 06:30 pm			Modern Dance Class Boys & Girls (5+)		Modern Dance Class Boys & Girls (5+)				
06:30 pm - 07:00 pm			Groups Ms. Marina		Groups Ms. Marina				
07:00 pm - 07:30 pm									
07:30 pm - 08:00 pm									
08:00 pm - 08:30 pm		Oriental Dance Adults (18+)		Oriental Dance Adults (18+)					
08:30 pm - 09:00 pm		Groups Mr. Hassan Iyazov		Groups Mr. Hassan Iyazov					
09:00 pm - 09:30 pm									

**Our Location** - Tecom, Barsha Heights (Grand Belle Vue Hotel), Raffles International School, Umm Suqeim 3  
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